

Devon L. Golem, Ph.D., R.D., L.D.N

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Professional Experience

NOVEDGO, LLC.

Founder and Chief Executive Officer

(02/16 – current)

Dietetics Education Consulting - Remote

- Founded **Consulting for Excellence in Education of Dietetics (CEED)** www.dieteticseducation.org
- Guide and collaborate with Program Directors and administrators in accreditation processes
- Develop drafts of ACEND accreditation report narrative, content, and program plans
- Develop methodology for collection of data to be applied to program accreditation reports
- Develop Continuous Program Improvement Plans/Program Enhancement Plans, Program Evaluation Plans, Student Learning Outcome Assessment Plans, Curriculum Maps, Student Learning Activity Matrices, Faculty/Preceptor Training Plans, Teach Out Plans, Emergency Contingency Plans
- Guide and collaborate with program faculty on future direction and potential improvements
- Document editing and review
- Recruit and screen applicants for faculty and directorship positions
- Attended ACEND Director Training (04/2022; 06/2019; 03/2017; 11/2014)

(08/16 – 10/17) New Mexico State University – reaccreditation self-study report and site visit

(04/17 – 07/17) Rutgers University – development of MS/DI/ISPP program and accreditation candidacy application

(10/18 – 11/20) Thomas Jefferson University – development of FEM MS/RDN demonstration program and accreditation application; interim director (10/18 - 08/20); program initiation support and stakeholder recruitment

(01/20 – 12/20) George Mason University – FEM MS/RDN demonstration program design, development, preceptor recruitment, etc.

(05/20 – 11/20) Harding University – FEM 3+2 and MS/RDN demonstration program design and development.

(01/21 – 04/23) New Mexico State University – program management and accreditation maintenance

(10/21 – 02/22) University of South Carolina – development of FEM MS/RDN demonstration program and accreditation eligibility application

(02/23 – current) University of South Carolina – development of FEM MS/RDN program curriculum and accreditation application/SSR

**Other clients have reserved the right to privacy and requested to be omitted.*

Research Consulting – Remote

- Assist in design, background research, and composition of manuscripts in the fields of nutritional sciences and exercise sciences

Professional Education – Online

- Founded **Institute of Continuing Education for Nutrition Professionals®** (www.icenp.org) in 2016
- Design, develop, deliver, and maintain student-oriented, relevant professional education opportunities for healthcare professionals.
- Maintain status as an Accredited Provider of Professional Education through the CDR
- Align student learning outcomes with professional competencies to develop data-driven courses
- Oversee and manage all company operations including maintenance and retirement of online course curriculum, marketing, stakeholder recruitment and collaboration, and upkeep of technological platforms

Department of Family and Consumer Sciences, New Mexico State University

Director, Didactic Program in Dietetics

(09/14 – 06/16)

Responsibilities:

- Student-oriented duties: directed student recruitment, reviewed program applications, advised 140 students, maintained student records, guided students through DPD program and DI application process and/or DTR exam process, etc.
- Program-oriented duties: maintained program accreditation through the process established by ACEND, tracked outcome measures related to program outcomes, collected and analyzed learning assessment data, designed and developed program curriculum, developed program path and road maps, benchmarked program components with academic standards and professional competencies, collaborated with program faculty and stakeholders, established and communicated with the program advisory board, maintained contact with alumni and supervised practice program directors, and established a data-driven application process for entrance into the dietetic program.
- Profession-oriented duties: attended and presented at professional conferences (NDEP, NMAND, and FNCE) annually, surveyed DI program directors annually, maintained professional currency and dietetic registration

Assistant Professor of Human Nutrition and Dietetic Sciences (*tenure-track*)

(08/13 – 06/16)

Research Emphasis: Lifestyle behaviors/intervention, weight management, weight prejudice, diabetes prevention

Responsibilities:

- Taught within the NMSU DPD program: HNDS 420/520 Nutrition Counseling and Communication; HNDS 403/551 Community Nutrition; HNDS 446/546 Diet Therapy 1; HNDS 350 Life Cycle Nutrition; HNDS 430/530 Food Service Organization and Management; HNDS 410/510 Sports Nutrition; HNDS 251 Human Nutrition; HNDS 201 Seminar I; HNDS 405 Seminar II; HNDS 409 Dietetics Capstone; HNDS 401 Clinical Dietetics Field Experience; HNDS 407 Community Nutrition Field Experience
- Advised 160 undergraduate students, 4 MS Thesis students, and 3 MS/DI students
- Engaged in research, scholarship, and professional activities
- Advised the Student Association of Nutrition and Dietetics at NMSU

College of Health, Human Services, and Science, Ashford University

Chair of the Department of Health Promotion

(01/13 – 08/13)

Program Chair of B.A. in Health Education and B.A. in Health & Wellness

(07/12 – 12/12)

Responsibilities:

- Oversaw accreditation processes, faculty, curriculum, student retention and success, assessment, and program reviews within the department
- Designed and developed online, competency-based educational program that maintained relevance to employers
- Conducted program reviews and assessed the quality of student educational experiences
- Proposed and incorporated the use of innovative technology, adult-learning theories, and student-outcome metrics in program curriculum
- Applied instructional design models and curriculum mapping
- Developed and enhanced course curriculum to increase alignment with program learning outcomes
- Assisted with faculty hiring and teaching assignments
- Instructed courses using advanced technology and online platforms
- Advised and guided students through feedback, discussions, and learning activities
- Assessed student learning through achievement of competency-based learning objectives and other student-outcome metrics
- Built and encouraged teaching collaborations with University faculty
- Engaged in professional activities, scholarship, research, and publication
- Member of the Faculty Senate, Institutional Effectiveness Council, the Assessment Committee, Curriculum Committee, and the Students Rights and Responsibilities Committee

Teaching Awards and Honors

Nomination for Donald C. Roush Award for Teaching Excellence (09/16)

- Most frequently chosen individual in the department of the graduates' major
- Fourth highest frequency of total votes University-wide

Dietetic Educator of the Year – New Mexico Academy of Nutrition and Dietetics (04/15)

Advisor of the Year – New Mexico State University (05/15)

Teaching Experience

Department of Family & Consumer Sciences, New Mexico State University – Las Cruces, NM

Adjunct Professor - Online (01/17 – 09/21)

Responsibilities: Instruct online course within the Human Nutrition and Dietetic Science BSc. Program.

- Develop course content, align learning assessments with courses objectives, provide recorded online modules, advise students
- Courses: Human Nutrition (HNDS 251/NUTR 2110); Food Service Organization and Management (HNDS 430); Coding and Billing in Dietetics (NUTR 4550)

Assistant Professor – Tenure Track (08/13 – 06/16)

Responsibilities: Instructed on-ground courses within the Human Nutrition and Dietetic Science BSc. Program.

- Designed, implemented, and evaluated courses within the HNDS program
- Taught Human Nutrition and Dietetic Science courses (see list above)
- Advised 160 students and the student association (Student Association of Nutrition and Dietetics)
- Engaged in community service and professional activities
- Courses: Human Nutrition (HNDS 251), Lifecycle Nutrition (HNDS 350), Clinical Nutrition Field Experience (HNDS 401), Dietetics Seminar II (HNDS 405), Community Nutrition Field Experience (HNDS 407), Sports Nutrition (HNDS 410), Nutrition Counseling and Communication (HNDS 420), Food Service Organization and Management (HNDS 430), Diet Therapy I (HNDS 446), Advanced Nutrition (HNDS 448), Diet Therapy II (HNDS 449), Research Problems (HNDS 598 & 599), Thesis (FCSC 599)

Department of Health Promotion, Ashford University – San Diego, CA

Department Chair, Program Chair, Assistant Professor (07/12 – 08/13)

Responsibilities: Instructed online courses within the Health Education and Health & Wellness BA programs

- Developed course materials and asynchronous lectures using screen cast technology
- Incorporated novel tools in the online classroom to enhance student engagement
- Revised course content to enhance student learning experience
- Communicated with each student on discussion boards a minimum of once weekly
- Provided thorough feedback to students on each of three writing assignments per week
- Courses: Introduction to Health Education (HCA331), Methods of Community Health Promotion (HCS408), Personal Fitness and Wellness for Optimal Living (HCS334), and Introduction to Nutritional Concepts (HCS208)

Department of Nutritional Sciences, Rutgers University – New Brunswick, NJ

Instructor (01/12 – 06/12)

Responsibilities: Instructed upper division course within the Nutritional Sciences BS program

- Developed course content; Presented lectures and developed in-class experiences; Developed and graded assignments and exams; Assisted students with conceptualization and understanding of course content
- Course: Nutrition Counseling (11:709:499)

Department of Exercise Science and Sport Studies, Rutgers University – New Brunswick, NJ

Instructor (07/09 – 06/12)

Responsibilities: Instructed laboratory courses within the Exercise Science and Sport Studies BS program

- Developed quizzes, exams, and study materials incorporating ACSM and NSCA guidelines
- Directed and supervised supplementary instructors

- Courses: Exercise Physiology Laboratory (01:377:370) and Exercise Testing & Prescription (01:377:410)

Department of Nutritional Sciences, Rutgers University – New Brunswick, NJ

Instructor/Teaching Assistant

(09/06 – 05/08)

Responsibilities: Instructed laboratory courses within the Nutritional Sciences BS program

- Developed course and lecture material
- Assisted students with class related projects and developing studying techniques
- Provided guidance to students seeking career and academic advice
- Worked in collaboration with coworkers and kitchen manager to successfully complete lessons
- Courses: Laboratory for Introduction to Foods (11:709:202) and Experimental Foods (11:709:489)

College of the Sequoias – Visalia, CA

Adjunct Nutrition Instructor

(01/04 – 05/04)

Responsibilities: Instructed the general education nutrition course

- Developed lectures, lesson plans, activities, projects, and exams
- Presented materials in a variety of ways to meet the individual learning needs of the students
- Met individually with students to provide further explanation of materials and guidance
- Course: Nutrition/Foods (018)

Memberships and Affiliations

Diversify Dietetics

Mentor in the Mentors Program (2020 – 2022)

Accreditation Council for Education in Nutrition and Dietetics (ACEND)

Program Reviewer (2019-2022); (2022-2025)

Academy of Nutrition and Dietetics (AND)

Nutrition Care Manual Editorial Board (2018 - current)

AND Dietetic Practice Groups (DPG):

Vegetarian Nutrition (VN) – Virginia State Coordinator (2017-2019)

Behavioral Health Nutrition (BHN)

Nutrition & Dietetic Educators & Preceptors (NDEP)

Nutrition Entrepreneurs (NE)

Blue Ridge Academy of Nutrition and Dietetics (BRAND) – Nominating Committee Member (2017-2019)

Virginia Academy of Nutrition and Dietetics (VAND) - Professional Education Chair (2016-2019)

North Carolina Academy of Nutrition and Dietetics (NCAND) (2019 – current)

Collegiate and Professional Sports Dietitians Association (CPSDA) (2021 - current)

Credentials

Registered Dietitian (R.D.)

(10/03 – current)

Commission on Dietetic Registration (926934)

Licensed Dietitian Nutritionist (L.D.N.)

(09/19 – current)

North Carolina Board of Dietetics/Nutrition (L005921)

Education

- Rutgers, The State University of New Jersey, New Brunswick** (09/06 – 05/12)
Ph.D., Nutritional Sciences with an emphasis in Exercise Science
- California State University, San Jose** (09/05 – 12/05)
Completed graduate level courses in Nutritional Sciences
- Porterville Developmental Center** (08/02 – 07/03)
Completed a CADE-accredited dietetic internship
- California State University, Fresno** (08/98 – 05/02)
B.Sc., Dietetics/Food Administration with an emphasis in Nutritional Sciences

Research Experience

- Institute of Continuing Education for Nutrition Professionals, Rutgers University, & New Mexico State University**
Co-Principal Investigator: *iENDEAVORS – Innovative Enhancements of Nutrition and Dietetics Education using Artificial Intelligence and Virtual Reality Simulations* (02/21 – current)
Research Emphasis: Developing and evaluating a series of high-quality simulations delivered via mannequins using artificial intelligence and Virtual Reality in efforts to develop clinical and counseling skills of dietetic students.
- Institute of Continuing Education for Nutrition Professionals & George Mason University**
Principal Investigator: COVID-19 and Dietetics Education Survey (04/20 – 08/22)
Research Emphasis: Examining the cognitions of dietetic educators in response to the COVID-19 pandemic.
- Department of Family and Consumer Sciences, New Mexico State University**
Principal Investigator: Weight Perceptions Survey (01/15 – 06/17)
Research Emphasis: Examined weight bias in a predominantly Hispanic college population.
- Principal Investigator: Dietary Strategies Study (09/14 – 06/17)
Research Emphasis: Examined dietary strategies and commercial diets in predominantly Hispanic college population.
- Investigator: *Salud Para Usted Y Su Familia* (03/15 – 01/16)
PI: Joe Sharkey, Ph.D., R.D. and Jill McDonald, Ph.D.
Research Emphasis: Promoted healthy lifestyle behaviors in low-income, Hispanic children and their families living in remote colonias in southwest New Mexico.
- Department of Nutritional Sciences, Rutgers University**
Intervention Consultant on *HomeStyles Obesity Prevention Study* (09/11 – 08/14)
PI: Carol Byrd-Bredbenner, Ph.D., R.D., F.A.D.A.
Research Emphasis: Shaped the home environment to prevent obesity in preschool-aged children
- Department of Exercise Science and Sport Studies, Rutgers University**
Graduate Student in Human Performance Laboratory (01/09 – 03/12)
Mentor: Shawn M. Arent, Ph.D.
Dissertation Title: Improving Human Performance: The Role of Jaw-Repositioning
- Randomized, Blinded, Crossover, Controlled Trials
 - Evaluated the effects of jaw-repositioning mouthguards on various aspects of physical performance in male athletes.

- Respiratory function, balance, flexibility, muscular power, agility, strength, and aerobic performance

Research Emphasis: Studying the effects of various exercise-related challenges on:

- Human exercise performance and physical fitness level
- Biochemical and hormonal responses to exercise
- Body composition and energy metabolism
- Psychological status, diet, and quality of sleep

Department of Nutritional Sciences, Rutgers University

Graduate Assistant in Lipid Research Laboratory

(11/06 – 12/08)

Mentor: Dawn Brasaemle, Ph.D.

Research Emphasis: Characterized a lipid-droplet associated protein, perilipin A

- Investigated the role of the C-terminal amino acid, serine 517
- Expressed other amino acids (cys, met, lys, leu, gln, and glu) in the 517 position

Clinical Experience

The Cancer Institute of New Jersey – New Brunswick, NJ

(06/11 – 05/12)

Health Interventionist

Responsibilities: Provide counseling intervention for subjects enrolled in prostate cancer study

- Collaborated with clinical investigators
- Provided standardized health counseling and education to subjects

Kingley Health – Piscataway, NJ

Medical Nutrition Therapist

(01/09 – 06/09)

Responsibilities: Provided weight management counseling

- Evaluated and assessed nutritional status of clients
- Designed individualized weight management programs and dietary interventions for each client
- Provided nutrition education and counseling to clients
- Provided motivation and plans to reach personal health goals

Agnews Developmental Center – San Jose, CA

Registered Dietitian

(05/05 – 08/06)

Responsibilities: Provided clinical and weight management counseling for developmentally disabled population

- Completed nutrition assessments and provided recommendations
- Participated in interdisciplinary team meetings and work with a variety of healthcare professionals
- Provided nutrition education to clients and communicated nutrition information to faculty
- Participated in management role of foodservice supervisors and foodservice workers

H.M. Composite – Sacramento, CA

Consultant Dietitian

(05/04- 05/05)

Responsibilities: Provided clinical and weight management counseling for elderly population in skilled nursing facilities

- Traveled to several different long-term care facilities on a full-time basis
- Completed nutritional screenings and assessments
- Participated in interdisciplinary meetings
- Provided in-service trainings to nursing and dietary staff
- Provided management guidance and direction to Dietary Managers
- Performed sanitation audits

Porterville Developmental Center – Porterville, CA

Clinical Dietitian

(07/03 – 05/04)

Responsibilities: Provided clinical and weight management counseling for developmentally disabled population

- Assessed nutritional status, devised specialized diets, discussed with interdisciplinary teams
- Provided nutrition education to clients and facility staff
- Directed and guided dietetic interns, foodservice supervisors, and foodservice technicians
- Developed and participated in nutrition promoting activities

Publications

Book Chapters

Golem DL (2020). Online Education is an Effective Tool for Nutrition Communicators. In B. Mayfield (Ed.), *Communicating Nutrition: The Authoritative Guide* (pp.485-502). Chicago IL: Academy of Nutrition and Dietetics.

Arent SM and **Golem DL** (2012). Resistance training and mental health. In D. Tod & D. Lavallee (Eds.). *The Psychology of Strength Training and Conditioning: International Perspectives*. London: Routledge.

Peer-Reviewed Journal Articles

Golem D, Eck K, Delaney C, Clark R, Shelnutt K, Olfert M, Byrd-Bredbenner C. 'My stuffed animals help me' The importance, barriers, and strategies for adequate sleep behaviors of school-aged children and parents. Accepted by *Sleep Health: The Journal of the National Sleep Foundation* April 2019.

Quick V., **Golem D.**, Povich-Alleman G., Martin-Biggers J., Worobey J., Hongu N., Byrd-Bredbenner C. Moms and Dads Differ in Their Family Food Gatekeepers Behaviors. *Topics in Clinical Nutrition* 33(1):3-15, January 2018.

Golem DL. Vegetarian Diets and Diabetes: Prevention and Treatment. *Vegetarian Nutrition Update* 24(4):3-4, Spring 2017.

Golem DL, Davitt PM, Arent SM. The effects of over-the-counter jaw-repositioning mouthguards on aerobic performance. *Journal of Sports Medicine and Physical Fitness* 57(6): 865-871, June 2017.

Olin S, McFadden B, **Golem D**, Arent S. The effects of exercise dose on stereotypical behavior in children with autism. *Medicine & Science in Sports & Exercise* 49(5): 983-990, May 2017.

Golem D, Hallman W, Cuite C, Bellows A, and Byrd-Bredbenner C. Food Supplies of Immigrant and Minority Households: How Prepared Are They for Disaster Emergency Conditions? *Topics in Clinical Nutrition* 31(3): 213-221, July/September 2016.

Golem D and Byrd-Bredbenner C. Emergency Food Supplies in Food Secure Households. *Prehospital and Disaster Medicine* 30(4):1-6, April 2015.

Golem DL and Arent SM. The effects of over-the-counter jaw-repositioning mouth guards on dynamic balance, flexibility, agility, strength, and power in college-aged male athletes. *Journal of Strength and Conditioning Research* 29(2): 500-12, Feb 2015.

Golem D, Martin-Biggers JT, Koenings MM, Finn Davis K, and Byrd-Bredbenner. An Integrative Review of Sleep for Nutrition Professionals. *Advances in Nutrition* 5:742-759, November 2014.

Matthews M, Horacek TM, Olfert MD, Koenings MM, Shelnutt KP, Stocker C, **Golem DL**, Kattlemann KK, Colby S, Franzen-Castle L, Brown ON, and Morell JS. Development, Validation and Implementation of the Health

Density Vending Machine Audit Tool (HDVMAT). *Journal of the Academy of Nutrition and Dietetics* 114(9): Suppl A65, September 2014. (doi: <https://doi.org/10.1016/j.jand.2014.06.217>)

Pilotti M, Klein E, **Golem D**, Piepenbrink E, and Kaplan K. Is viewing a nature video after work restorative? Effects on blood pressure, task performance, and long-term memory. *Environment & Behavior* epublished ahead of print May 22, 2014. (doi: 10.1177/0013916514533187).

Davitt P, Arent SM, Tuazon M, **Golem DL**, and Henderson G. Postprandial triglyceride and free fatty acid metabolism in obese women after either endurance or resistance exercise. *Journal of Applied Physiology* 114: 1743-1754, April 2013.

Arent S, McKenna J, **Golem D**. Effects of a neuromuscular-dentistry designed mouthguard on muscular endurance and anaerobic power. *Comparative Exercise Physiology* 7(2): 73-79, August 2010.

Velez A, **Golem D**, Arent S. The impact of a 12-week resistance training program on strength, body composition, and self-concept of Hispanic adolescents. *Journal of Strength and Conditioning Research* 24(4): 1065-1073, April 2010.

Arent SM, Senso M, **Golem DL**, McKeever KH. The effects of theaflavin-enriched black tea extract on muscle soreness, oxidative stress, inflammation, and endocrine responses to acute anaerobic interval training: a randomized double-blind, crossover study. *Journal of the International Society of Sports Nutrition* 7(11): 1-10, February 2010.

Arent SM, Davitt P, **Golem DL**, Williams CA, McKeever KH, Jaouhari C. The effects of a post-workout nutraceutical drink on body composition, performance, and hormonal and biochemical responses in Division I college football players. *Comparative Exercise Physiology* 6(2): 73-80, September 2009.

Manuscripts Submitted for Review

Fishman K, **Golem DL**, Davitt P, Arent SM. The effects of hatha yoga and resistance training on affect and state anxiety. Submitted to *Journal of Sport & Exercise Psychology* September 2017.

Manuscripts in Progress

Brantley L, Marrin M, Foster-Cox S, Amatya A, **Golem D**. Weight bias in a predominantly-Hispanic college adult population. Will submit to the *Obesity Journal*

Martinez V, Chaiken M, Delgado E, Jakubow A, **Golem D**. Food insecurity in a predominantly-Hispanic college student population. Will submit to *Journal of Nutrition Education and Behavior*

Published Abstracts (for poster or oral presentations)

Brantley L and **Golem D**. Weight Perceptions in Hispanic and Non-Hispanic Adults in a College Population. Abstract submitted January 2016 to the New Mexico Public Health Association for presentation at the April 2016 New Mexico Public Health Association Annual Conference in Las Cruces, NM.

Golem D, Hallman W, Cuite C, Bellows A, Byrd-Bredbenner C. Emergency Food Supplies in Low-Income, Minority Households (2015). Abstract submitted November 2014 to A.N.D. and accepted for presentation at October 2015 Food and Nutrition Conference and Expo in Nashville, TN. *Journal of the Academy of Nutrition and Dietetics*, 115:9; A55.

Golem D. Weight Prejudice: A New Aspect of Cultural Sensitivity (2014). Abstract submitted November 2013 to A.N.D. and accepted for presentation at October 2014 Food and Nutrition Conference and Expo in Atlanta, GA. *Journal of the Academy of Nutrition and Dietetics*, 114:9; A18.

Matthews MA, Horacek TM, Olfert MD, Koenings MM, Shelnutt KP, Stocker C, **Golem DL**, Kattelmann KK, Colby S, Franzen-Castle L, and Morrell JS. Development, Validation and Implementation of the Health Density Vending Machine Audit Tool (HDVMAT). Abstract submitted November 2013 to A.N.D. and accepted for presentation at October 2014 Food and Nutrition Conference and Expo in Atlanta, GA. *Journal of the Academy of Nutrition and Dietetics*, 114:9, A65.

Golem D. Weight Prejudice in an Overweight Culture: Including weight sensitivity training in cultural competence education. Abstract submitted February 2014 to NMAND and accepted for presentation at April 2014 Annual NMAND Conference in Albuquerque, NM.

Golem D. Good Night! Sleep Tight! Parent Cognitions Related to Sleep Effects on Health and Weight of Preschool-Aged Children. Abstract submitted November 2012 to A.N.D. and accepted for presentation at October 2013 Food and Nutrition Conference and Expo in Houston, TX. . *Journal of the Academy of Nutrition and Dietetics*; 09/2013; 113(9): A51

Golem D. Make Physical Activity (PA) a STAPLE in Children's Lives: Development of a Mnemonic to Assist Parents of Preschoolers in Planning PA Opportunities for their Children. Abstract submitted November 2012 to ASN and accepted for presentation at April 2013 Experimental Biology Annual Conference in Boston, MA.

Golem D. Obesity prevention in preschool-aged children: The importance of sleep. Abstract submitted November 2012 to ASN and accepted for presentation at April 2013 Experimental Biology Annual Conference in Boston, MA.

Golem DL, Davitt P, Arent S. The effect of a self-adapted jaw-repositioning mouthguard on physical performance. Abstract submitted March 2012 to ACSM and accepted for presentation at June 2012 Conference in San Francisco, CA.

Golem DL, Arent S. Effects of jaw-repositioning mouthguards on ventilation and aerobic performance in male athletes. Abstract submitted March 2012 and accepted for presentation at July 2012 Conference in Providence, RI.

Golem D, Davitt P, Jaouhari C, and Arent S. The effects of a proprietary supplement on recovery and performance in resistance trained males. Abstract submitted March of 2011 to ACSM and accepted for presentation at June 2011 Conference in Denver, CO.

Golem D, Arent S. The effects of a proprietary nutritional blend on strength, performance, body composition, sleep, and mood status in resistance trained men. Abstract submitted April 2010 to NSCA and accepted for presentation at July 2010 Conference in Orlando.

Oral presentations for which there is no published abstract

Virginia Academy of Nutrition and Dietetics (VAND) Annual Conference March 2017. Elizabeth Lounds Memorial Lecture: "Managing Weight in Your Sleep: Applying Sleep Hygiene to Nutrition Practice" **Golem D.**

Blue Ridge Academy of Nutrition and Dietetics (BRAND) Fall Conference October 2016. Oral Presentation: "Weight Management: Zzzz's and lbs." **Golem D.**

Pennsylvania Chapter of the American Academy of Pediatrics EPIC Obesity Webinar September 2016 webinar series. Oral Presentation: "Obesity and Sleep: what are the connections and what can we do?" **Golem D.** and Tierney C.

Institute of Continuing Education for Nutrition Professionals® July 2016 recorded oral presentation: "Food Allergy Basics" **Golem D.** Online self-study activity (128272)

Institute of Continuing Education for Nutrition Professionals® July 2016 recorded oral presentation: “Preventing Food Allergies: Early Exposure” **Golem D.** Online self-study activity (127752)

Institute of Continuing Education for Nutrition Professionals® June 2016 recorded oral presentation: “Weight Perceptions: weight bias and discrimination.” **Golem D.** Online self-study activity (126705).

Villanova University’s MacDonald Center for Obesity Prevention and Education’s (COPE) January 2016 webinar series. Oral Presentation: “Zzzz’s and lbs.: *The impact of sleep on weight.*” **Golem D.**

The Food and Nutrition Conference and Expo October 2015 Annual Meeting: Oral Presentation: “*Sleep and Nutrition: Is getting enough zzzz’s important to RD’s?*” **Golem D** and Davis K. FNCE in Nashville, TN.

The Greater NY Regional Chapter ACSM 2010 Annual Meeting. Oral Presentation: “Weight-loss Supplements: Science vs. Myth”. **Golem D** and Arent S.

Content Consultant

Hand, Carol (2011). Living with food allergies. H. Saari (Ed.). Living with health challenges: ABDO. North Mankato, MN.

Hand, Carol (2011). Living with celiac disease. H.Saari (Ed.). Living with health challenges: ABDO. North Mankato, MN.

Review Manuscripts for:

Advances in Nutrition
Appetite
BMC Public Health
Comparative Exercise Physiology
Journal of Family Medicine & Community Health

Journal of Health Education
Journal of Nutrition and Eating Behavior
Obesity
Public Health Nutrition
Research Quarterly for Exercise and Sport